



CONFÉDÉRATION EUROPÉENNE DE ROLLER-SKATING
C.E.R.S. (Affiliée à la F.I.R.S.)
CERS ARTISTIC – EUROPEAN ARTISTIC SKATING COMMITTEE
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CERS

European Artistic Skating Committee

EUROPEAN ACTIVITY 2018

IN-LINE SKATING

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CHANGES FOR 2018 CERS RULE BOOK
INLINE REGULATION

Index:

..... Omissis

- In-Line Categories

Rule 450 All In-Line Elite Categories – Figure Skating and Dance

Rule 451 In-Line Figure Skating – Short Programme

Rule 452 In-Line Figure Skating– Free Programme

Rule 453 In-Line Dance– Combine Dance and Free Dance

..... Omissis

Rule 100

..... Omissis

- Individual Categories Figure Skating (In-Line):

Limit date is November 1st preceding the event, applies to all indicated dates

SENIOR - skaters that have reached the age of 15

JUNIOR - skaters that have reached the age of 12 but not the age of 19

ADVANCED NOVICE - skaters that have reached the age of 10 but not the age of 15

NOVICE B - skaters that have reached the age of 13 but not the age of 15

NOVICE A - skaters that have reached the age of 10 but not the age of 13

CUBS - skaters that have reached the age of 9 but not the age of 11

CHICKS - skaters that have not reached the age of 9

ADULT MASTER - skaters that have reached the age 31 years

(1, 2, 3, ...) and +, 41 years and +, 51 years +...

- DANCE (In-Line):

Limit date is November 1st preceding the event, applies to all indicated dates

SENIOR - have reached the age of 15

JUNIOR - have reached the age of 13 but not the age of 19 for ladies and 21 for men

ADVANCED NOVICE - have reached the age of 13 but not the age of 15 for ladies and 17 for men

BASIC NOVICE - have reached the age of 10 but not the age of 13 for ladies and 15 for men

ADULT MASTER - have reached the age of 31

Rule ~~140~~ 450

In-Line / General

Judging of In-Line skating is based on the points collected from Short and **Free** Programme or **Combine and Free Dance**.

The points are awarded by evaluating:

- limited number of **technical** elements, **jumps**, spins, **lifts** and steps as a Technical Score and
- presentation of the programmes by Components as Skating Skills, Transitions, Performance, Composition and Interpretation as a Presentation Score

The scores are awarded by two groups of Judges:

- **Technical Panel** (Technical Specialist, Assistant Technical Specialist and Technical Controller) who are nominating the elements executed and set the Base Value from the Table of Values for each element.
- **Panel of Judges** (Referee and 3 to 7 Judges), who are adopting bonus or malus adjustments of values when evaluating the quality of execution of the elements by 7 Grades of Execution from +3 till -3, with 0 included; the Panel of Judges is also evaluating the Presentation Score by marks from 0,25 till 10,00 (ranging 0,25) for each Component

Received Score for each programme are summarized and the placements are set accordingly.

Rule ~~141~~ 451

SHORT PROGRAMME, Figure Skating

Only for Advanced Novice, Junior and Senior

Required elements, a maximum of :

A) Advanced Novice SP

<p>Advanced NOVICE</p> <p>Ladies&men Maximum 2'15 +/-10"</p>	<p>a) One Axel Paulsen jump single or double ;</p> <p>b) One double/triple salchow or double toe loop, immediately preceded by connecting steps and/or other comparable Free Skating movements ;</p> <p>c) One Jump combination consisting of a double jump, triple jump and a single or double or triple jump, may not repeat jump a) or b) ;</p> <p>d) One spin with only one position, no flying entrance:</p> <ul style="list-style-type: none">• Men and Ladies: Camel spin or sit spin with only one change of foot, minimum of four (4) revolutions per foot in basic position. <p>e) One Spin combination with only one change of foot and the 3 basic positions, with a minimum of four (4) revolutions per foot ; flying entrance is optional.</p> <p>f) One Step sequence fully utilizing the floor surface.</p> <p>The 4 Program Components are only judged in</p> <ul style="list-style-type: none">• Skating Skills • Transitions • Performance • Interpretation <p>The factors for the Program Components is :</p> <p>- for men 0.5 - for Ladies 0.5</p> <p>Deduction : 0.5 by Fall on the Total Program Score (TPS)</p>
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B) Junior SP

<p>JUNIOR</p> <p>Ladies&men Maximum 2'30 +/-10"</p>	<p>a) One Axel Paulsen type jump (single/double/triple) ;</p> <p>b) One double/triple edge take off jump (salchow or loop) immediately preceded by connecting steps and/or other comparable Free Skating movements ;</p> <p>c) One Jump combination consisting of a double jump or a triple jump and a single, double or triple jump, may not repeat jump a) or b) ;</p> <p>d) One Flying Sit spin without change of foot, with a minimum of four (4) revolutions in basic position;</p> <p>e) One spin with only one position, no flying entrance:</p> <ul style="list-style-type: none">• Men : Camel spin with only one change of foot, minimum of four (4) revolutions per foot in basic position.• Ladies : Lay back (or side ways) spin, minimum of four (4) revolutions in the required positions. No change of foot. <p>f) One Spin combination with only one change of foot and the 3 basic positions, with a minimum of four (4) revolutions per foot ; No flying entrance.</p> <p>g) One Step sequence fully utilizing the floor surface.</p> <p>The 5 Program Components are only judged in</p> <ul style="list-style-type: none">• Skating Skills • Transitions • Performance • Composition • Interpretation <p>The factors for the Program Components is</p> <p>- for men 0.5 - for Ladies 0.5</p> <p>Deduction : 1.0 by Fall on the Total Program Score (TPS)</p>
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C) Senior SP

	<p>a) One Axel Paulsen type jump ;</p> <ul style="list-style-type: none">• Men : single or double Axel• Ladies : single or double axel <p>b) One double/triple lutz immediately preceded by connecting steps and/or other comparable Free Skating movements ;</p>
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<p>SENIOR</p> <p>Ladies&men Maximum 2'30 +/-10"</p>	<p>c) One Jump combination consisting of a double jump or a triple jump and a single or double or triple jump, may not repeat jump a) or b) ;</p> <p>d) One Flying spin (one position only without change of foot) with a minimum of four (4) revolutions in basic position;</p> <p>e) One spin with only one position, no flying entrance:</p> <ul style="list-style-type: none"> • Men : Camel spin or sit spin with only one change of foot, (the position must be different than the flying spin landing position), minimum of four (4) revolutions per foot in basic position. • Ladies : Lay back (or side ways) spin, minimum of four (4) revolutions in the required positions. No change of foot. <p>f) One Spin combination with only one change of foot and the 3 basic positions, with a minimum of four (4) revolutions per foot ; No flying entrance.</p> <p>g) One Step sequence fully utilizing the floor surface.</p> <p>The 5 Program Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Transitions • Performance • Composition • Interpretation <p>The factors for the Program Components is</p> <p>- for men 0.5 - for Ladies 0.5</p> <p>Deduction : 1.0 by Fall on the Total Program Score (TPS)</p>
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D) SP General

Prohibited elements (from TP):

- o Any kind of Somersault – deduction two (2.0) points
- o Split on the floor is treated as a fall – deduction 1 point

The panel's points for each Program Component are then multiplied by a factor as follows (same for Advanced Novice, Junior and Senior)

Men	Short Program	0.5
Ladies	Short Program	0.5

Rule 142 452

LONG PROGRAMME, Figure Skating
a maximum of :

The required number of revolution in all spins is in basic position/required position(s)

Categories	Contents
<p>CHICKS</p> <p>Girls Boys 2'00" (+/- 10")</p>	<p>a) Maximum of 4 jump elements for Girls and Boys. There may be up to one (1) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.</p> <p>Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.</p> <p>b) There must be a maximum of two (2) spins of a different nature (abbreviation), minimum of three (3) revolutions per foot in basic positions, Change of foot allowed, flying entrance is not allowed.</p> <p>c) There must be a maximum :</p> <p>- One (1) step sequence, with a fixed Base value and evaluated in GOE only. Jumps and spins forbidden.</p>

d) There must be :

A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program including the requirements below :

1. At least **two (2)** gliding elements : 1 on **each foot and/or each rotational curve (like the pattern of a « s »)**, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions.... Each curve position(s) or one foot position(s) must be maintained for a minimum of **3 seconds hold or 10 meters length** . Change of positions are permitted.
2. At least one(1) creative jump(s) : small hops does not fullfil the requirement;
 - Those two requirements must be executed with no listed element(s) between. Therefore any « look like »listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence.
 - Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a visible beginning and end.

This element is called ChSq1V (choreo sequence confirmed) or ChSq0 (if not confirmed).

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.

In all elements which are subject to Levels, only features up to **Level 1** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The 3 Program Components are only judged in

- Skating Skills
- Performance
- Interpretation

The Factor of the Program Components is **1.4**

Deduction : 0,5 by Fall by Technical Panel

a) Maximum of 4 jump elements for Girls and Boys. There may be up to one(1) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.

b) There must be a maximum of two (2) spins as required below, change of foot is allowed, flying entrance is not allowed :

- One of which must be a spin combination with all three (3) basic positions.
- And one spin in only one basic position (with no change of position).

Change of foot is optional, Flying entry forbidden and there must be three (3) revolutions per foot in the required positions.

c) There must be a maximum :

- One (1) step sequence, ~~with a fixed Base value and evaluated in GOE only.~~ Jumps and spins forbidden.

d) There must be :

A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program including the requirements below :

3. At least **two (2)** gliding elements : 1 on **each foot and/or each rotational curve (like the pattern of a « s »)**, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions.... Each curve position(s) or one foot position(s) must be maintained for a minimum of 3

CUBS

Girls

Boys

2'30"

(+/- 10")

seconds hold or 10 meters length . Change of positions are permitted.

4. At least one(1) creative jump(s) : small hops does not fulfill the requirement;

- Those two requirements must be executed with no listed element(s) between. Therefore any « look like »listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence.
- Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a visible beginning and end.

This element is called ChSq1V (choreo sequence confirmed) or ChSq0 (if not confirmed).

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.

In all elements which are subject to Levels, only features up to **Level 1** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The 3 Program Components are only judged in

- Skating Skills
- Performance
- Interpretation

The Factor of the Program Components is **1.4**

Deduction : 0,5 by Fall by Technical Panel

a) Maximum of 5 jump elements for Girls and Boys.

One of which must be an Axel type jump.

There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.

Double lutz, axel and triple jumps are not permitted

b) There must be a maximum of two (2) spins as required below, change of foot is allowed, :

- One of which must be a spin combination with all three (3) basic positions.
- And one spin in only one basic position

Change of foot and flying entry are optional and there must be 4 revolutions per foot in the required positions.

c) There must be a maximum :

- One (1) step sequence with fully utilizing the surface.

d) There must be :

A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program including the requirements below :

5. 1 At least **two (2)** gliding elements : 1 on **each foot and/or each rotational curve (like the pattern of a « s »)**, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions.... Each curve position(s) or one foot position(s) must be maintained for a minimum of 3 seconds hold or 10 meters length . Change of positions are permitted.

6. At least one(1) creative jump(s) : small hops does not fulfill the requirement;

- Those two requirements must be executed with no listed element(s) between. Therefore any « look

**BASIC
NOVICE A**

Ladies
Men
2'30"
(+/- 10")

	<p>like »listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence.</p> <ul style="list-style-type: none"> Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a <u>visible</u> beginning and end. <p>This element is called ChSq1V (choreo sequence confirmed) or ChSq0 (if not confirmed).</p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are only judged in</p> <ul style="list-style-type: none"> Skating Skills Performance Interpretation <p>The Factor of the Program Components is 1.4 Deduction : 0,5 by Fall by Technical Panel</p>
<p>BASIC NOVICE B</p> <p>Ladies Men 3'00" (+/- 10")</p>	<p>a) Maximum of five (5) jump elements for Ladies and Men, One of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence. <u>Double lutz, axel and triple jumps are not permitted</u></p> <ul style="list-style-type: none"> Any jump cannot be executed more than twice in total ; b) There must be a maximum of two (2) spins as required below, flying entrance is allowed in all spins : <ol style="list-style-type: none"> One of which must be a spin combination One spin in one basic position only (with no change of position). <p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum : - One (1) step sequence with fully utilizing the surface.</p> <p>d) There must be : A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program <u>including the requirements below :</u></p> <ol style="list-style-type: none"> 1 At least two (2) gliding elements : 1 on each foot and/or each rotational curve (like the pattern of a « s »), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions...., <u>Each curve position(s) or one foot position(s) must be maintained for a minimum of 3 seconds hold or 10 meters length . Change of positions are permitted.</u> At least one(1) creative jump(s) : small hops does not fullfil the requirement; <ul style="list-style-type: none"> Those two requirements must be executed with no listed element(s) between. Therefore any « look like »listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence. Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a <u>visible</u> beginning and end.

This element is called ChSq1V (choreo sequence confirmed) or ChSq0 (if not confirmed).

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.

In all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The 3 Program Components are only judged in
• Skating Skills • Performance • Interpretation
The Factor of the Program Components is **1.6**
Deduction : 0,5 by Fall by Technical Panel

**ADVANCE
NOVICE**

a) A Maximum of five (5) jump elements for Girls and six (6) jump elements for Boys , One of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. One jump combinations can contain up to **three (3)** jumps and the other can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. Any jump cannot be executed more than twice in total .

Only two (2) jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.

- Any jump cannot be executed more than twice in total.
- ;

b) There must be a maximum of two (2) spins as required below :

3. One of which must be a spin combination, Flying entrance is not allowed.

4. One Flying spin with only one landing basic position (no change of the landing basic position)

Ladies 3'00"

Men

3'30"

(+/- 10")

Change of foot is allowed for all spins and there must be 4 revolutions per foot in the required positions.

c) There must be a maximum :

- One (1) step sequence with fully utilizing the surface.

d) There must be :

A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program including the requirements below :

9. 1 At least **two (2)** gliding elements : 1 on **each foot and/or each rotational curve (like the pattern of a « s »)**, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions.... Each curve position(s) or one foot position(s) must be maintained for a minimum of **3 seconds hold or 10 meters length** . Change of positions are permitted.

10. At least one(1) creative jump(s) : small hops does not fullfil the requirement;

- Those two requirements must be executed with no listed element(s) between. Therefore any « look like »listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence.
- Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a visible beginning and end.

This element is called ChSq1V (choreo sequence confirmed) or ChSq0 (if not confirmed).

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.

In all elements which are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The 4 Program Components are only judged in

• Skating Skills • Transitions • Performance • Interpretation

The Factor of the Program Components is **1.4**

Deduction : 0,5 by Fall by Technical Panel

a) Maximum of six (6) jump elements for ladies and men, One of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. One jump combinations can contain up to **three (3)** jumps and the other can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.

JUNIOR

Only two (2) jumps with 2 or more revolutions can be repeated. This repetition **must be** in a jump combination or in a jump sequence.

• Any jump cannot be executed more than twice in total

• ;

b) There must be a maximum of three (3) spins of a different nature (different name):

5. One of which must be a spin combination

6. One Flying spin or spin with a flying entrance.

7. One spin in one basic position only (with no change of position).

Ladies &
Men
3'30"

(+/- 10")

Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.

c) There must be a maximum :

One (1) step sequence with fully utilizing the surface.

d) There must be :

A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program including the requirements below :

11. 1 At least **two (2)** gliding elements : 1 on **each foot and/or each rotational curve (like the pattern of a « s »)**, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions.... Each curve position(s) or one foot position(s) must be maintained for a minimum of **3 seconds hold or 10 meters length** . Change of positions are permitted.

12. At least one(1) creative jump(s) : small hops does not fulfill the requirement;

• Those two requirements must be executed with no listed element(s) between. Therefore any « look like » listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence.

• Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a visible beginning and end.

This element is called ChSq1V (choreo sequence confirmed) or ChSq0 (if not confirmed).

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step

	<p>Sequence.</p> <p>The 5 Program Components are on judged in</p> <ul style="list-style-type: none"> • Skating Skills • Transitions • Performance • Composition • Interpretation <p>The factors for the Program Components is</p> <p>- for men 1.4 - for ladies 1.2</p> <p>Deduction : 1.0 by Fall by Technical Panel</p>
<p>SENIOR</p> <p>Ladies and Men 4'00" (+/- 10")</p>	<p>a) Maximum of 7 jump elements for ladies and Men, one of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. Only one (1) Jump combination can contain up to three (3) jumps and the others Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. A same jump with a different number of rotation will count as an other jump.</p> <p>Only two (2) jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.</p> <ul style="list-style-type: none"> • Any jump cannot be executed more than twice in total • ; <p>b) There must be a maximum of three (3) spins of a different nature (different name):</p> <ol style="list-style-type: none"> 8. One of which must be a spin combination 9. One Flying spin or spin with a flying entrance. 10. One spin in one basic position only (with no change of position). <p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum : One (1) step sequence with fully utilizing the surface.</p> <p>d) There must be : A Choreographic Sequence, must fully utilizing the rink surface for a minimum of twenty (20) seconds length. This element must be the choreographic highlight of the program <u>including the requirements below</u> :</p> <ol style="list-style-type: none"> 13. 1 At least two (2) gliding elements : 1 on each foot and/or each rotational curve (like the pattern of a « s »), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions.... <u>Each curve position(s) or one foot position(s) must be maintained for a minimum of 3 seconds hold or 10 meters length . Change of positions are permitted.</u> 14. At least one(1) creative jump(s) : small hops does not fullfil the requirement; <ul style="list-style-type: none"> • Those two requirements must be executed with no listed element(s) between. Therefore any « look like » listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence. • Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a <u>visible</u> beginning and end. <p>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>The 5 Program Components are on judged in</p>

	<ul style="list-style-type: none"> • Skating Skills • Transitions • Performance • Composition • Interpretation <p>The factors for the Program Components is</p> <p>- for men 1.4 - for ladies 1.2</p> <p>Deduction : 1.0 by Fall by Technical Panel</p>
<p>ADULT MASTER</p> <p>Ladies and Men 3'00" Maximum</p>	<p>a) There must be a maximum of 5 jump elements, one of which must be an Axel type jump and at least 1 double jump must be executed. There may be up to two (2) jump combinations or sequences. Only one (1) Jump combination can contain three (3) jumps and the other Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.</p> <p>Only two (2) jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.</p> <ul style="list-style-type: none"> • Any jump cannot be executed more than twice in total • <p>b) There must be a maximum of two (2) spins, change of foot and flying entrance are allowed:</p> <ul style="list-style-type: none"> • One of which must be a spin combination with all three (3) basic positions. The spin combination can be executed with a change of foot then a minimum of six (4) revolutions is required in total ; or without a change of foot then a minimum of four (4) revolutions is required in total. <p>c) Maximum of 1 step sequence fully utilizing the surface ;</p> <p>d) There must be :</p> <p>A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program <u>including the requirements below :</u></p> <p>15. 1 At least two (2) gliding elements : 1 on each foot and/or each rotational curve (like the pattern of a « s »), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions..., Each curve position(s) or one foot position(s) must be maintained for a minimum of <u>3 seconds hold or 10 meters length . Change of positions are permitted.</u></p> <p>16. At least one(1) creative jump(s) : small hops does not fulfill the requirement;</p> <ul style="list-style-type: none"> • Those two requirements must be executed with no listed element(s) between. Therefore any « look like » listed jump of 1,5 rotation maximum, included in the Choreographic Sequence, will not be called and will not occupy a jump box element. A called listed element will conclude the choreo sequence. • Those two requirements must be included in a strong choreography and should be executed according to the character of the music.. The pattern is not restricted, but the sequence must be clearly visible with a <u>visible</u> beginning and end. <p>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Performance <p>The Factor of the Program Components is 1.4</p> <p>Deduction : 0,5 by Fall</p>

Prohibited elements (from TP):

- Any kind of Somersault – deduction (2.0)

For complete guidelines refer to the In-Line Manual on the CERS website (www.cers.pt).

Rule ~~143~~ 453

In-Line Dance

REQUIRED ELEMENTS

- The skaters must present a “Combine Dance” and a “Free Dance” (except Basic Novice category)

- A Dance Spin is permitted with 3 rotations maximum and will not be considered as a stop. The spinning position cannot be only a regular basic position but must have enhancement (variations). A spin with more than 3 rotations will be treated as illegal element.

- Jumps / Dance Jumps are permitted up to respectively ½ or 1 rotation only. A jump (landing on the floor) with more than 1 rotations or thrown jumps with more than ½ rotation will be treated as illegal elements.

1. IN-LINE COMBINE DANCE

A) Pattern Dance Element(s)

Every 5 seconds in excess will be penalized by referee (1 point)

	Couple	Solo
Basic Novice Maximum 2'15"	Fourteensstep / European Waltz - Both segments must start by step 1. - One straight line step sequence, 50% in hold and 50% not touching - The bridge is up to 30 seconds	Fourteensstep / European Waltz - Both segments must start by step 1. - One straight line step sequence, - The bridge is up to 30 seconds
Advanced Novice Maximum 2'30	European Waltz / Tango - Both segments must start by step 1. - One straight line step sequence, 50% in hold and 50% not touching - The bridge is up to 30 seconds	Américan Waltz / Kilian - Both segments must start by step 1. - One straight line step sequence, - The bridge is up to 30 seconds
Junior Maximum 2'45	Cha cha congelado / Rumba - Both segments must start by step 1. - One straight line step sequence, 50% in hold and 50% not touching - The bridge is up to 30 seconds	Starlight Waltz / Paso Doble - Both segments must start by step 1. - One straight line step sequence, - The bridge is up to 30 seconds
Senior Maximum 2'45	Cha cha congelado / Rumba - Both segments must start by step 1. - One straight line step sequence, 50% in hold and 50% not touching - The bridge is up to 45 seconds	Valse Westminster / Quick Step - Both segments must start by step 1. - One straight line step sequence, - The bridge is up to 45 seconds
Adult Master Maximum 2'45	2 Patterns free of choice - Both segments must start by step 1. - One straight line step sequence, 50% in hold and 50% not touching - The bridge is up to 45 seconds	2 Patterns free of choice - Both segments must start by step 1. - One straight line step sequence, - The bridge is up to 45 seconds

B) Step sequence

ADDITIONAL PRINCIPLES OF CALLING

If a Fall or interruption occurs at the entrance to or during a Step Sequence and the element is immediately resumed, the element shall be identified and given a Level according to the requirements met before and after the Fall or interruption, or No Level if the requirements for Basic Level are not met.

ADDITIONAL DEFINITIONS, SPECIFICATIONS TO DEFINITIONS AND NOTES

- **Types of Difficult Turns:** Bracket, Rocker, Counter, Choctaw, Outside Mohawk, Loop, Twizzle.
- **Types of One Foot Section Turns:** Bracket, Rocker, Counter, Loop, Twizzle.
- **Note:** An error in any part of a turn will result in the turn not being counted for the Level.
- **Dance Holds:** Kilian (or Kilian variation), Waltz (or Tango) and Foxtrot. To be considered for Level, a Dance Hold must be established.
- **Change of Hold:** to be considered for Level, a Change of Hold must be distinct (e.g. from Waltz to Foxtrot or from Waltz to Kilian or from Foxtrot to Tango, but not from Waltz to Tango or from Waltz to Hand-in-Hand facing each other) and each Hold must be established.

2. IN-LINE FREE DANCE

2.1. Basic Novice and Adult Master : No Free Dance

2.2. Advanced Novice 2'15''(+/- 10'') – Free Dance requirements

Levels explanations: for Advanced Novice Free Dance, **Level 3** is the maximum level the Skater may receive for all required elements. Only features up to **Level 3** will be counted. Any additional features the Skater chooses to perform will not count for Level requirements and will be ignored by the Technical Panel.

- A) At least One (1) change of skating rhythm. Music is free of choice but the skating style must clearly show quick and slow skating capacities**
- B) One (1) Sets of Twizzles : one (1) Sequential Set of Twizzles OR one (1) Synchronized Set of Twizzles.**
- C) One (1) bloc of four (4) consecutive turns on the same foot**
 - a) The entrance of a turn must be the exit edge of the previous one (could be except with the dance jump)
 - b) No change of foot allowed
 - c) Must be according with the music
- D) One (1) Choreographic Creative Gliding Element on one or two feet.**
 - d) A minimum of twenty(20) meters must be covered,
 - e) A maximum of one(1) push inside the Element is authorised,
 - f) Changes of position, edge, foot, direction are possible
 - g) The Element can be evolutive and must be according with the music

2.3. Junior and Senior 2'30''(+/- 10'') – Free Dance requirements

- A) At least One (1) change of skating rhythm. Music is free of choice but skating style must clearly show quick and slow skating capacities**
- B) Two (2) Sets of Twizzles : one (1) Sequential Set of Twizzles and one (1) Synchronized Set of Twizzles.**
- C) « Two (2) blocs of four (4) consecutive turns on the same foot », one on each foot and in different rotational direction. The 2 blocs don't have to be consecutive.**
 - a) The entrance of a turn must be the exit edge of the previous one (exception with a dance jump)
 - b) No change of foot allowed

- c) Must be according with the music
- d) There must be a clear beginning

D) One (1) Choreographic Creative Gliding Element on one or two feet.

- e) A minimum of twenty(20) meters must be covered,
- f) A maximum of one(1) push inside the Element is authorised,
- g) Changes of position, edge, foot, direction are possible
- h) The Element can be evolutive and must be according with the music

For complete guidelines refer to the In-Line Manual on the CERS website (www.cers.pt).

Rule 703

European Championships and International Opens In-Line

A) EUROPEAN CHAMPIONSHIP

1. The In-Line European Championships is a competition In-Line Freeskating and Dance.

2. Per Nation

<u>3 Ladies</u>	<u>in Advance Novice / Novice, Junior and Senior</u>
<u>3 Men</u>	<u>in Advance Novice / Novice, Junior and Senior</u>
<u>3 Couple</u>	<u>in Novice, Junior and Senior</u>

3. Factor of Components part

<u>Ladies Short Programme 0.5 / Free Skating (Long Programme) 1.2</u>
<u>Men Short Programme 0.5 / Free Skating (Long Programme) 1.4</u>
<u>Combine Dance 0,5 / Free Dance 1,0</u>

Accreditation to In-Line European Championships:

- 1 Delegate,
- 1 Team Manager,
- 4 Trainer max; from one (1) to ten (10) skaters, two (2) trainers allowed, from eleven (11) and more four (4) trainers,
- 1 Pass for extra trainer each 10 skaters (e.g. 30-35 skaters, will be given 3 extra pass; 36-40 skaters 4 extra pass)
- 1 medical person (qualified),
- 2 bus drivers.

Prizes for In-Line Europeans:

1. 1st, 2nd & 3rd receive an official CERS medal
2. 1st, of each discipline receive the CERS Cup
3. All participants will be given a Diploma.

B) INTERNATIONAL OPENS

1. An International In-Line Open is a competition with Figure skating, Dance, Chorus and Synchro. At the organisers choice.

2. Participants

A skater of any age (kids to adults) or level can be entered by his Federations, clubs or himself/herself.

In Figure Skating there are 4 Divisions: Elite (1st), Silver (2d), Recreational (3d) and Beginners (4th).

In Dance There are 2 Divisions: Elite (1st) and Silver (2d).

In Chorus and Synchro, only 1 Division.

For all division, except Elite, the WIFSA regulation must be used.

Rule 755

European Championships and International Opens In-Line

A- EUROPEAN CHAMPIONSHIPS

1. *Organising Charge*

Quota set at 1.000 Euro payable to CERS Technical Committee

2. *Registration Charge*

Quota set at 70 Euro per skater per competition.

It is payable to the Organising Committee on the first day in cash or ten (10) days before if done by bank draft (one copy of the transfer must be sent to CERS ATC Inline Coordinator and one should be presented at the registration desk) of the official training by each participating Federation.

3. *Allowance for travel & living expenses*

The organising federation / Organising Committee shall be required to pay for:

- a. Lodging, breakfast and other meals, including drinks, from the day of the Judges arrival until the next morning after the last competition for five (5) judges and three (3) Members of the Technical Panel (Technical Specialist, Assistant Technical Specialist and Technical Controller) and lodging, breakfast and two (2) regular hot meals, including drinks, of two (2) official Data/Video Operators nominated by CERS Artistic Inline Coordinator Artistic from the day preceding the start of the official training until the morning after the last day of the competition or gala. If a judge or calculator does not accept the lodging and breakfast offered by the organiser, he will be himself responsible for the relevant expenses; an agreement is to be reached between the organiser and CERS Artistic in respect of other meals. All Officials will be lodged in single rooms. All Officials are booked in the same hotel with free wifi facilities.
- b. The travel expenses of the Judges will be in charge of each Federation / Organising Committees. The travel expense of Technical Panel and Data/Video Operators will be in charge of the organisers. The transfer to/from the Airport/Train Station to the Hotel of CERS Artistic / Judges & Calculators will be the responsibility of the organisers.
- c. The In-Line recognised software will be used at Europeans Championships. The costs of technicians and set-up of the system are to be covered by the organisers.
- d. The actual travel and living expenses of the CERS Artistic Committee Chairman (from the evening preceding the start of the official training until the morning after the last day of the competition or gala).
- e. A contribution of 100€ must be paid to each Judge/Technical Panel/Calculator by the organizing committee, independently of the official's origin.

4. Facilities at the Championships site

- Transport between the official accommodation premises and the rink must be provided to all Officials and the Teams, **minimum every two (2) hours**, for the complete duration of the championships, unless the hotel is in 0,5km walking distance from the rink. From the Federations who have booked accommodation through to the official organizers, they MUST be given all information regarding their Hotel when the reservation is confirmed.

- The organizer of any CERS Artistic Event MUST GUARANTEE that the skating surface has been tested and confirm to CERS Artistic Inline Coordinator it is suitable for the event being held.

- For ALL competitions (Trophies or Championships) the organisers disclaim any responsibility for accidents occurring during the official training sessions and competitions.

The organisers have to ensure the assistance of a doctor or medical service from the first day of training until the end of the competitions and provide an official communication concerning the location and the time to reach the nearest Hospital or Emergency Station.

- There must be sufficient volunteers to insure the accessibility of the building, the collect of the skaters' music, the music sound system and the playing of the skaters' music for the practice and event, the good maintenance of the floor surface during the events and the dressing rooms.

- A room must be available for the Judges Meeting held before the event (possibly with DVD Player capable to read DVIX and MPEG files and a TV or Projector) and a room must be available for CERS ATC.

- If there is no good WIFI in the building for the transmission of the results, the organizers must provide volunteers to make copies and dispatch them.

B- INTERNATIONAL OPENS

5. Organising Charge

Quota set at 50 Euro payable to CERS Technical Committee

6. Registration Charge

Quota set at maximum 40 Euro per skater per competition.

It is payable to the Organising Committee on the first day in cash or ten (10) days before if done by bank draft (one copy of the transfer must be sent to CERS ATC Inline Coordinator and one should be presented at the registration desk) of the official training by each participating Federation.

7. Allowance for travel & living expenses

The organising federation / Organising Committee shall be required to pay for:

a. Lodging, breakfast and other meals, including drinks, from the day of arrival until the next morning after the last competition for all officials (minimum 2 Judges and 1 Controller per discipline plus the Calculator(s)) . All Officials will be lodged in single rooms. All Officials are booked in the same hotel with free wifi facilities.

b. The travel expenses of all officials will be in charge of the Organising Committees.

c. The In-Line recognised software will be used. The costs of technicians and set-up of the system are to be covered by the organisers.

d. A contribution of 50€ must be paid to each Judge/Technical Panel/Calculator by the organizing committee, independently of the official's origin.

8. *Facilities at the Championships site*

- All transportation on site must be provided by the organisers.
- A room at the building must be at the disposal of the officials.
- There must be sufficient volunteers to insure the accessibility of the building, the collect of the skaters' music, the music sound system and the playing of the skaters' music for the practice and event, the good maintenance of the floor surface during the events and the dressing rooms.
- For ALL competitions (Trophies or Championships) the organisers disclaim any responsibility for accidents occurring during the official training sessions and competitions.
The organisers have to ensure the assistance of a doctor or medical service from the first day of training until the end of the competitions and provide an official communication concerning the location and the time to reach the nearest Hospital or Emergency Station.
- If there is no good WIFI in the building for the transmission of the results, the organizers must provide volunteers to make copies and dispatch them.
- Trophies, medals and diplomas must be provided by the Organisation Committees

Rule 905

In-Line Judges

Any judge / technical panel member eligible to take part in international competitions or championships, governed by CERS must be approved by the ATC Inline CERS Coordinator.

As much as possible, all the Judges of a panel must be from different countries. In the Technical Panel (TP), the specialist, the assistant and the controller must be from different countries as well as the data operator if acting as assistant specialist. A coach cannot be an official if his skater(s) are in any category of the event.

The Officials (Judges and Technical Panel Members) are recruited:

- from the List of the ISU International Skating Union list of ISU level and International ISU level judges/TP (not before 2010) or at a national level. They all have the knowledge and skills to officiate for Inline after a short meeting on the place of the event.
- The Judges who have passed the exam validated by the CERS Inline Coordinator for In-Line Judging.

It is recommended that the number of ice officials is over 50% of the panel members.

The age limit for judges and technical panel is between 21 to 75 years old.

Candidates for the examinations must be a minimum of twenty-one (21), but not more than sixty (60) years of age.

This judge/technical panel members must follow and respect the new rules governing In-line artistic skating.